

Patternmaking and Grading Resources

- **Patternmaking for Fashion Design** by *Helen Joseph Armstrong*

All about developing and manipulating flat patterns. Though it is written with sewists in mind, the ideas for pattern manipulation are equally applicable to knitting.

- **Professional Pattern Grading for Women's Men's and Children's Apparel** by *Jack Handford*

Gives basic grading rules for a bunch of different garment types and styles. The most useful part is how the book illustrates the needed manipulations on flat patterns. This book is written with sewists in mind, but the ideas are equally applicable to knits.

- **Sizing in Clothing: Developing Effective Sizing Systems For Ready-To-Wear Clothing** Edited By *S.P. Ashdown from Woodhead Publishing in Textiles*

An academic text on the history of grading, how to develop sizing systems, and advancements being made in the industry.

Garment Construction Resources

- **Knitwear Design Workshop** by *Shirley Paden*

A detailed collection of techniques to design your own patterns and personalize commercial patterns.

- **Knitting from the Top** by *Barbara Walker*

An innovative primer for top-down and seamless knitting.

- **Ultimate Sweater Book** by *Amy Herzog*

A collection of classic sweater shapes along with formulas and fitting information.

- **Sweater Design in Plain English** by *Maggie Righetti*

Detailed design information and shaping formulas for a range of body sizes and shapes.

Personal Fit

- **Knit to Flatter** by *Amy Herzog*

Information on different body shapes and how to accommodate them.

- **Knitwear Design Workshop** by *Shirley Paden*

A detailed collection of techniques to design your own patterns and personalize commercial patterns. (Yes I listed this twice, yes it's that good.)